



Lotus Land Tours Inc.
 2005-1251 Cardero Street
 Vancouver, BC, V6G 2H9
www.VancouverNatureAdventures.com

Vancouver Nature Weekend

Leave your car at home and travel by train to Vancouver

There's no better way to explore the Pacific Northwest and British Columbia.

Board the AMTRAK train in Seattle on Saturday morning for a spectacular ride through the Cascade Mountains along the Pacific West Coast to Vancouver, Canada.

We meet you at the station and take you to a hotel in the centre of the city.

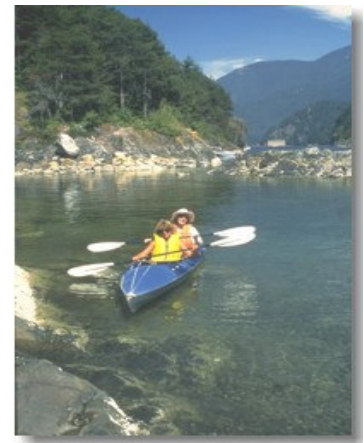


Spend the afternoon exploring Vancouver, enjoy a spectacular sunset over **English Bay**, and savor the many different restaurant flavors for which the city is famous.

On Sunday morning we take you into breathtaking Canadian wilderness scenery on an easy, guided sea-kayaking adventure. Fitness or experience are not required.

Highlight of the trip is a salmon barbecue served on a deserted beach.

After the adventure we will return you to the train station in time for the 6:00 pm departure.



We suggest having dinner on the train. Your scheduled time of arrival in Seattle is 10:00 pm.

Price for two - Can\$ 499. 00

Price inclusions:

- One night at the St. Regis Hotel, a classic Vancouver heritage hotel
- Guided sea-kayaking adventure and 3-course salmon beach barbecue picnic
- Pick-up from and return to the Vancouver train station

Price exclusions:

- Cost of train ticket Seattle/Vancouver
- 7 % Goods & Services tax
- Gratuities

Train schedule	Seattle	Vancouver
Saturday	7:45 am	11:45 am
Sunday	10:00 pm	6:00 pm

Other options:

- Pick-up from and return to the Vancouver International Airport (no additional charges)
- City sightseeing tour on Saturday afternoon (Can\$ 59.-/person extra)
- Hotel upgrade (price depends on the requested property)

Reservations:

- toll free 800-528-3531 regular 604-684-4922
- e-mail info@lotuslandtours.com
- We accept **VISA, MASTERCARD & AMEX**

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